

## RMB Dance Edinburgh – Junior Camp Information

### Hello!

Thank you for booking into RMB Dance's Junior Camp! This document contains information about what to expect from our camps and what to bring. If you have any questions, please do not hesitate to get in touch: [rmb.dance.ed@gmail.com](mailto:rmb.dance.ed@gmail.com)

### About

RMB Dance's Junior Camp follows the same initiative as our classes: to provide a friendly environment in which children experience a variety of dance-based fun! Camp days are filled with dancing, games, obstacle courses, creative activities and much more! Whilst our camps are mostly active, we also include some quiet time with arts and crafts, stretching and relaxation. A sample itinerary can be found on page 2.

At the end of the week/ when camp is finished, I create a 'Camp Performance Video' so you can see what we've been up to! Each day, children will learn a short dance routine which I'll film to go in this video, alongside photos and short clips of other activities. A private video link will be sent to the parents/ guardians of all children who attended camp, and I politely ask you not to share the link publicly. If you do not wish for your child to be filmed/ photographed, please confirm this by email to [rmb.dance.ed@gmail.com](mailto:rmb.dance.ed@gmail.com).

### Preparing for camp/ what to bring

- Children are asked to arrive in comfortable clothes they can easily move in (eg. a t-shirt, leggings or joggers, and trainers). Long hair should be tied back and no jewellery should be worn. We will be very active but I recommend bringing an extra layer (jumper/ hoodie) just in case.
- For Junior Camp, children should bring a packed lunch, morning snack (no nuts please) and full water bottle. There is a kitchen where water bottles can be refilled if needed.
- Please inform me prior to camp of any allergies/ medical conditions/ additional needs and ensure you bring any necessary medications to camp (eg. Asthma inhalers).
- Please ensure your contact details are up-to-date on the register, in case of emergency.
- If you need to contact me for any reason whilst your child is at camp, please do so by phone: 07340225766.
- Please refrain from bringing valuables to camp, try to limit to one bag per child and ensure all personal items are named.
- Please arrive 5 minutes before the start time - I'll be at the front door to greet you. At the end of the day, please wait outside and I'll bring the children out at 3:00pm. If someone else will be collecting your child (eg a friend/ childminder) please let me know at the start of the day, or by text.
- Junior Camp runs 10:30 – 3:00 and the address is The Crags Centre, 10 Bowmont Place, EH8 9RY.

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### **Cancellation Policy**

If your child is not able to attend camp due to reasonable excuse (e.g illness), credit will be given for use at future camps or classes. Please note that you must provide notification via email, by 8:30am on the camp day that you are booked in for, that your child is unable to attend.

If you do not attend camp and have not provided any prior warning, or you have notified me after 8:30am, no credit or refund can be given.

### **Junior Camp Sample Itinerary**

10:30 – 10:45 Register, introductions. Ice-breaker games.

10:45 – 11:15 Big dance warm up, 'move of the day' and 'daily routine'!

11:15 – 11:30 Snack

11:30 – 12:00 Mega obstacle course!

12:00 – 12:20 Parachute fun!

12:20 – 12:45 Group games

12:45 – 1:15 Toilets / wash hands. Lunch

1:15 – 1:45 Arts and crafts

1:45 – 2:15 Breakdance workshop!

2:15 – 2:30 Performance Time!! (Practice and film Daily Routine)

2:30 - 2:45 Stretch and relaxation

2:45 – 3:00 Summary of the day, tidy up. Home!